



## The Art of Kid Whispering: Reaching the Inside Kid

A young person's challenging and troubling behaviors are frequently the focus of interventions rather than recognizing them as externalizations of inner pain and distress. Beyond surface management lie the keys to understanding, reaching, and teaching young people who desperately need the guiding light that a well-trained, caring adult can provide. Learning and practicing listening and decoding skills are essential to understanding the private logic and goals that underlie a young person's difficult or self-defeating behavior. The Art of Kid Whispering is the pathway to discovering the inside kid.

Participants in this 2-day training will examine the impact of trauma and disappointment on our youth. Defiant youth outwit adults with strategies of fight, flight, and fool. The presenter will describe how to understand the private logic of adult-wary youth, thus helping participants to decode their troubling behavior and begin replacing hostile, resistant encounters with respectful alliances.

Participants will develop practical skills as they learn to:

- Recognize pain-based casing
- Master the dance
- Identify costumes
- Capture reachable moments
- Address shame binding

*It is a pleasure to watch an expert at work in any field. Kid Whispering shows the thinking and the heartfelt strategies that come from the considerable expertise of authors Jamie Chambers and Mark Freado. They share insight and nuances distilled from successful interactions with kids who need a little encouragement to be who they were meant to be. ~Martin Brokenleg, EdD*



**For more info or to schedule an on-site training:**

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